

# COVID-19 Resource List for Transgender Individuals

Created by the LITE & LITE Plus Study Team, The Fenway Institute, Fenway Health

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## **National:**

### Trans & LGBTQ-Specific Resources:

**COVID-19 fact sheet for trans people:** <https://transequality.org/covid19>

**Trans Lash directory of trans resources:** <https://translash.org/covid-19-trans-resources-directory/>

**Transgender people transcending COVID 19 infographics:**  
<https://drive.google.com/drive/u/0/folders/1Og0le0McvmP4VJB43Ov0M6H9RvkmCuhP>

**National center for trans equality:** <https://transequality.org/covid19>

**SAGE advocacy and services for LGBT Elders:** <https://www.sageusa.org/coronavirus/>

**GLB National Help Center:** <https://www.glbhotline.org/>

**LGBT health center directory:** <https://www.lgbtcenters.org/LGBTCenters>

**LGBT funding resources:** <https://lgbtfunders.org/covid-19-response/#movement-resources>

### Mental Health & Substance Use Resources:

**CDC manage anxiety and stress:** <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html?>

**COVID-19 drug user guidance:** <https://harmreduction.org/miscellaneous/covid-19-guidance-for-people-who-use-drugs-and-harm-reduction-programs/>

**Resources for Living COVID-19 resources:** <https://www.resourcesforliving.com/articles/covid-19-resource-center?txtUserName=JHU&txtPassword=JHU>

### Employment & Financial Resources:

**Indeed COVID-19 employment resources:** <https://www.indeed.com/career-advice/coronavirus-job-resources/>

**National Grid discount rate:** <https://nationalgridus.tfaforms.net/170>

### Medical & Pharmacy Resources:

**CVS free prescription delivery:** <https://www.cvs.com/content/delivery?icid=cvS-home-hero2-rx-delivery>

**Walgreens free prescription delivery:** <https://www.walgreens.com/topic/pharmacy/prescription-delivery.jsp>

## **Massachusetts:**

### Resource Lists by Topics Area:

**Massleague community resources:** <https://massleague.org/COVID19/CommunityResources.php>

**MaCDC resource list:** <https://www.macdc.org/covid-19-resources>

**Fenway Health COVID-19 information and list of resources:**  
<https://fenwayhealth.org/care/medical/covid-19-information/>

**Mass Thrive community Resources:** <https://massthive.org/>

### News & Case Tracking:

**SHNS Coronavirus tracker (up to date news):** <https://www.statehousenews.com/public/tracker/1/shns-coronavirus-tracker>

**Mass. Gov. daily COVID-19 update and resources:** <https://www.mass.gov/resource/information-on-the-outbreak-of-coronavirus-disease-2019-covid-19>

### Medical & Pharmacy Resources:

**Request free delivery of Fenway Health pharmacy medications:**  
<https://fenwayhealth.org/care/pharmacy/>

**MassHealth early refills and 90-day prescriptions:** <https://www.mass.gov/info-details/masshealth-coronavirus-disease-2019-covid-19-providers#pharmacy-facts->

### Employment & Financial Resources:

**Job posting for COVID-19 contact tracers:** <https://jobs.crelate.com/portal/talentboost/job/3kyqki4zeqoyugdzh5iynhce>

**Massachusetts Workers Emergency Funds COVID-19:**  
[https://docs.google.com/document/d/14heQAXO\\_d1ngoQALphBW7YD9RsmPF0ALCIOqagB9wg/edit](https://docs.google.com/document/d/14heQAXO_d1ngoQALphBW7YD9RsmPF0ALCIOqagB9wg/edit)

**Massachusetts disaster and emergency relief resources for COVID 19:**  
<https://philanthropyma.org/grantmakers-philanthropic-advisors/resources/disaster-and-emergency-relief-resources>

### Mental Health & Substance Use Resources:

**MA Harm Reduction Commission:** <https://www.mass.gov/orgs/harm-reduction-commission>

**MGH mental health resources:** <https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources>

## **Boston:**

### Trans & LGBTQ-Specific Resources:

**Boston PRIDE resource list:** <https://www.bostonpride.org/resources/>

**Resources for Massachusetts LGBTQIA+ youth during COVID-19:** <https://docs.google.com/document/d/1AeljjHnEjfq2BhqAgFcguyUFpbB3Gg8f7ayK1bNDM/edit>

**BAGLY COVID-19 resources:** <https://www.bagly.org/covid19-resources>

**GLAD resources:** <http://www.glad.org/covid-resources/>

### Resource Lists by Topics Area:

**Suffolk County resource guide by type (e.g. healthcare, food, housing, rent, finances):**  
<https://static1.squarespace.com/static/5c671e8e2727be4ad82ff1e9/t/5e80f7d5506cbf5eb01152de/1585510360749/SCDAO+COVID-19+FINAL.pdf>

**Boston community care resources spreadsheet:** <http://bit.ly/COVID-BOS>

**BMA resources:** <https://bmaboston.org/covid19/covid-19-resources/>

**Fenway CDC COVID-19 resources:** <http://www.fenwaycdc.org/events/covid-19/>

### News & Case Tracking:

**Boston COVID-19 updates:** <https://www.boston.gov/news/coronavirus-disease-covid-19-boston>

**Boston Globe resources:** <https://www.bostonglobe.com/nation/special-reports/coronavirus/resources/>

### Employment & Financial Resources:

**Fenway CDC job board & resources:** <http://www.fenwaycdc.org/jobs-board/>

**The Boston Foundation resource list:** <https://www.tbf.org/what-we-do/special-funds/covid-19-response-fund/other-covid-19-response-efforts>.

**Internet connectivity and technology supports:** <https://www.boston.gov/news/internet-connectivity-and-technology-supports-during-covid-19-response>

**Boston rental relief:** <https://www.boston.gov/departments/neighborhood-development/office-housing-stability/rental-relief-fund>

**Resources for those in financial need:**  
[https://docs.google.com/document/d/19D6uykeLNGcn3OIGfMaRRFp1smFN9bM-FCbRM\\_hwB20/edit](https://docs.google.com/document/d/19D6uykeLNGcn3OIGfMaRRFp1smFN9bM-FCbRM_hwB20/edit)

### Childcare Resources:

**Emergency childcare:** <https://www.boston.gov/departments/womens-advancement/emergency-childcare-programs>

**Meal sites for children and youth:** <https://www.boston.gov/departments/food-access/map-covid19-food-resources>

**Youth Engagement - Recovery Services CopeCode Challenge:** Encourages youth to incorporate healthy and productive coping skills into their daily routine while alone at home or virtually with friends. To learn more, visit: <https://copecodeclub.com/copecode-challenge/>

Mental Health & Substance Use Resources:

**Online recovery resources:** <https://www.boston.gov/departments/recovery-services>

**BMC COVID-19 resources:** <https://www.bmc.org/addiction/covid-19-recovery-resources>

Neighbor & Mutual Aid Resources:

**Good Neighbors (to volunteer or request support):** <https://www.nesterlygoodneighbors.com/>—can also call 877-958-8785 to get connected

**Mutual Aid groups throughout Greater Boston:**

- [Mutual Aid Medford and Somerville](#)
- [Mutual Aid Jamaica Plain & Roxbury](#)
- [Mutual Aid Lower Roxbury/South End](#)
- [Mutual Aid Allston/Brighton](#)
- [Mutual Aid Cambridge](#)
- [Mutual Aid Dorchester](#)
- [Mutual Aid Brookline](#)
- [Mutual Aid East Boston](#)

Food Resources:

**Massachusetts food pantries:**

[https://docs.google.com/spreadsheets/d/1yBP\\_fG5aCmzPT5QyGhTWSJPyR3XO6UDTWsMwR5YTw3M/edit#gid=0](https://docs.google.com/spreadsheets/d/1yBP_fG5aCmzPT5QyGhTWSJPyR3XO6UDTWsMwR5YTw3M/edit#gid=0)

**Map of food resources in Boston:** <https://www.boston.gov/departments/food-access/map-covid19-food-resources>

**Free groceries:**

<https://www.facebook.com/SolidaritySupplyDistro/photos/a.103617487940477/103617374607155/?type=3&theater>

**Lifeboat Food Pantry every Tuesday:** <http://www.fenwaycdc.org/>

Resources for Individuals Experiencing Homelessness:

**Resources for individuals experiencing homelessness in Boston:**

<https://docs.google.com/document/d/1ux3uC16HyeLIPEPutqGpQEabxkwItqFqUOUzA-sMxyc/edit#>

Resources for Immigrants:

**Immigrant COVID-19 resources:** <https://www.boston.gov/news/covid-19-resource-guide-bostons-immigrants>

## **Cambridge:**

### Mental Health & Substance Use Resources:

**Mental health support (Somerville, Cambridge, Medford, or Arlington, MA):**

<https://www.lookingglasscounseling.net/c19support>

### Employment & Financial Resources:

**The Cambridge Community Foundation's COVID-19 Emergency Fund:**

- <http://cambridgecf.org/COVID-19-emergency-fund>
- <https://www.cognitoforms.com/CambridgeCommunityFoundation/CambridgeCOVID19EmergencyFund2>

### Food Resources:

**Food resources in Cambridge:**

<https://www.cambridgepublichealth.org/lifestyle/Cambridge%20in%20Motion/4-21-2020%20Cambridge%20Food%20Resources%20.pdf>

### Resources for Individuals Experiencing Homelessness:

**Resources for individuals experiencing homelessness in Cambridge:**

<http://www.bu.edu/ssw/files/2020/04/Cambridge-Homeless-Providers-3-31-20.pdf>

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## **WE WILL CONTINUE TO POST RESOURCES ON OUR SOCIAL MEDIA. FOLLOW US AT:**

- **LITE:** @LITESTUDYBOSTON & [HTTPS://WWW.FACEBOOK.COM/LITE.BOSTON.7](https://www.facebook.com/LITE.BOSTON.7)
- **LITE PLUS:** @LITEPLUSBOSTON & [HTTPS://WWW.FACEBOOK.COM/LITEPLUS.FENWAY.9](https://www.facebook.com/LITEPLUS.FENWAY.9)

## **CONTACT OR INQUIRE ABOUT THE LITE AND LITE PLUS STUDIES:**

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